

Joking vs Bullying? ♥

Let's choose kind words and build each other up!

WHAT IS JOKING?



Joking means saying something funny to make people laugh or have fun together.

A joke should:

- ✓ Make everyone feel okay
- ✓ Stop when someone says "stop"
- ✓ Not be meant to hurt someone's feelings
- ✓ Be something that both people can laugh about
- ✓ Not happen over and over when someone doesn't like it

EXAMPLE:



That's joking because both children are comfortable and having fun.

WHAT IS BULLYING?

Bullying is when someone hurts, scares, embarrasses, or leaves someone out on purpose, and the behavior may happen again and again or involve a power difference that makes it hard for the other person to stop it.



Bullying can be:

- WORDS:** teasing, name-calling, threatening
- BODY:** hitting, pushing, kicking
- EXCLUDING:** purposely leaving someone out
- ONLINE:** sending mean messages or posting hurtful things

EXAMPLE:



That's not joking because the child has asked for it to stop and the other child continues.

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Name: _____

Date: _____

Directions: Read each situation below. Decide if it is a joke or bullying.
Circle your answer and explain why.

Situation	Joking 😊	Bullying 🚩	Why? Explain your thinking.
1. Your friend says, "Nice shoes!" in a playful way.	😊	🚩	_____
2. Someone calls you a name that makes you feel bad.	😊	🚩	_____
3. You and your friend make silly faces to make each other laugh.	😊	🚩	_____
4. Someone tells a joke about you that embarrasses you in front of others.	😊	🚩	_____
5. Your friend teases you about your homework in a kind way, and you both laugh.	😊	🚩	_____
6. Someone takes your toy and says, "This is mine now."	😊	🚩	_____
7. Your friend says, "You're so good at this!" to cheer you on.	😊	🚩	_____
8. Someone keeps saying "Stop" but the person keeps teasing them.	😊	🚩	_____
9. You and your friend pretend to be dinosaurs and have fun.	😊	🚩	_____
10. Someone spreads a rumor about you to other kids.	😊	🚩	_____

A Simple Rule for Kids:

♥ "If everyone is laughing, it may be a joke. If someone is hurt, upset, scared, or asks you to stop. **STOP.**"

Before I joke, ask myself:

- ♥ 1. Is it kind?
- 😊 2. Is everyone having fun?
- 👋 3. Will I stop if they say stop?

If the answer is no, it isn't a good joke.

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Be kind.
Be respectful.
Choose peace.

